In almost every situation, interpersonal communication skills are the key to getting your ideas recognized, accepted, and implemented. Yet, communicating with power and finesse is a skill that doesn’t come naturally to most of us. Interpersonal skills are increasingly critical because of four factors of growing importance in most organizations today: technology, time intensity, diversity, and liability. In the first of a multi-part series, Lorena Mathien will discuss the essentials of effective communication, refinements for specific situations, and how to build better relationships through proven interpersonal skills.

Lorena Mathien is an Assistant Professor and PSM Coordinator in the Mathematics Department at Buffalo State College. Her courses include the “professional” classes included in the Professional Applied and Computational Mathematics (PACM) graduate program. Prior to academia, Lorena worked in industry for over 17 years in areas ranging from business process consulting to software development, implementation, and training, to project and portfolio management. She has diverse training and application in the area of communication management. Lorena is a graduate of Syracuse University with an undergraduate degree in Marketing Management and the University at Buffalo with an MBA in International Business and a Ph.D. in Operations Management.